

**Student traveling to the following countries may obtain the  
Health Clearance from UCI Student Health Center or a Private Physician**

Argentina	Germany	Netherlands
Australia	Hong Kong	New Zealand
Barbados	Ireland	Norway
Belgium	Israel	Russia
Brazil	Italy	Singapore
Canada	Japan	Spain
Chile	Jordan	Sweden
China	Korea	Switzerland
Costa Rica	Mexico	Taiwan
Cyprus	Morocco	Thailand
Czech Republic	Multi-city Programs	Turkey
Denmark		United Kingdom
Dominican Republic		
France		

**FOLLOW THESE STEPS:**

**The Health Clearance requires** that students be assessed to participate in UCEAP by a general health care provider and all specialists currently treating them for any ongoing conditions. **SCHEDULE** your appointment(s) *in plenty of time to meet your deadline to submit the form(s)*.

- A. If you choose to go to **UCI-SHC** for your Health Clearance, call (949) 824-5304 to schedule appointments. Identify yourself as a UCEAP participant and provide your country of study abroad and host university or program name. A Nurse Appointment must be scheduled **BEFORE** seeing a UCI-SHC health care provider. If you are unable to get an appointment in time to meet your UCEAP Health Clearance deadline, notify the UCI Study Abroad Center immediately at 949-824-6343.
- B. If you choose to go to your **private physician** for your Health Clearance, **BEFORE** your appointment, review the [UCEAP Annual Health Update](#) for **YOUR COUNTRY** and print any required forms or recommendations listed. Bring this information with you to your physician appointment and give this information to the physician.

**IMPORTANT:** The health care provider and specialist(s) performing and signing the clearance must be licensed in the U.S. and cannot be an immediate family member. (*AMA Code of Ethics E-8.19*).

**Before your Appointment(s)**

1. **COMPLETE** the following:
  - [Confidential Health History Form](#) – Complete, print and sign the form. Make a copy to keep for yourself. Take a copy with you to your appointment(s).
  - [Health Clearance Form](#) – Fill in your name and UCEAP program information. Print the form and take it with you to your appointment(s).
  - **UCEAP Online Travel Course** (*ONLY IF required for your country - [REVIEW the list of required countries here](#)*). Print a copy of your completion certificate and take it with you to your appointments.

**During your Appointment(s)**

2. **TAKE** all applicable forms with you to your appointment(s).
  - Give the health care provider a copy of the **Confidential Health History Form**. Keep the original.
  - If required, give the UCEAP Online Travel Course completion certificate to the health care provider.
  - Ask the health care provider to follow the instructions on the Health Clearance form carefully.

- Ask the health care provider to make a copy of the **completed Health Clearance form**. Leave this copy with your health care provider. Keep the original.

### After your Appointment(s)

3. **Confidential Health History Form.** Keep the original and take it with you abroad. It may be useful for you to have this information with you in case of a medical emergency while abroad.
4. **Health Clearance Form, MAIL the original to:**

UCEAP Systemwide Office  
6950 Hollister Avenue, Suite 200  
Goleta, CA 93117-5823

**UCEAP must receive your Health Clearance Form  
by the deadline listed on your UCEAP Pre-departure Requirements Checklist  
in order to participate on UCEAP.**

**STUDENTS WITH SPECIAL NEEDS:** Students who have any **disability, or other chronic systemic condition for which they will seek accommodation abroad** are advised to alert the Campus EAP office immediately so staff can notify the UCEAP Systemwide Office. The UC campus Disabled Students Office must send a memo to UCEAP indicating the nature of the student's needs. In light of varying conditions and services available, universities abroad may require this memo with sufficient notice for a request for accommodations to be fairly evaluated. The students must secure funding for the accommodation. Students who disclose needs at the last minute, or who require accommodations that cannot be made available in the host country, may be advised to postpone participation or consider another site (NH 12/2013)